

WEEK 1 MENU

WEEKS: 03/11, 24/11, 15/12, 19/01, 09/02, 09/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Beef Burger served with Baked potato wedges	Tex Mex beans chilli taco Served with rice and Seasonal vegetables	Roast Chicken served with Potatoes, Yorkshire pudding, carrots, cauliflower And gravy	Minty crispy topped Shepherd's Pie served with Seasonal vegetable	Breaded chicken bites served with fries, garden peas or Baked beans & ketchup
MEAT FREE	Vegetarian Burger served with Baked potato wedges	Potatoes & chickpea Curry served with rice, naan bread fingers & seasonal vegetables	Cheese & potato Pie served with Yorkshire pudding, carrots, cauliflower And gravy	Minty crispy topped Shepherdess's Pie served with Seasonal vegetable	Vegetable nuggets served with fries, garden peas or baked beans & ketchup
PASTA & JACKETS	Jacket potato with choice of toppings served with Fresh salad	Pasta twists with Homemade tomato and vegetable sauce served with fresh salad	Jacket potato with choice of toppings served with Fresh salad	Pasta twists with cheddar cheese sauce with fresh salad	Jacket potato with choice of toppings served with Fresh salad
DESSERTS	Ice cream Mondays Or Fresh fruit pot	Fruit yogurt & coulis, Fresh fruit pot Or Jelly	Fruit yogurt & coulis, Fresh fruit pot Or Jelly	Fresh fruit pot Or Cheese and crackers	Cake of the week with custard Or Fresh fruit pot



WEEK 2 MENU

WEEKS: 10/11, 01/12, 05/01, 26/01, 16/02, 16/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Margherita wholemeal pizza served with baked potato wedges, peas & sweetcorn	Chicken Curry served with Rice and Naan bread	Roast Chicken served with roast Potatoes, carrots, broccoli, Yorkshire pudding and gravy	Chicken Meatballs pasta served with Seasonal Veg	Breaded Fish finger served with fries, garden peas or Baked beans & ketchup
MEAT FREE	Traffic Light wholemeal pizza served with baked potato wedges, peas & sweetcorn	Lentil Curry served with Rice and Naan bread	Baked lentil Road served with roast potatoes, carrots, broccoli, Yorkshire pudding and gravy	Vegetarian Meatballs pasta served with Seasonal Veg	Cheese and onion roll served with fries, garden peas or baked beans & ketchup
PASTA & JACKETS	Jacket potato with choice of toppings served with Fresh salad	Pasta twists with Homemade tomato and vegetable sauce served with fresh salad	Jacket potato with choice of toppings served with Fresh salad	Pasta twists with cheddar cheese sauce with fresh salad	Jacket potato with choice of toppings served with Fresh salad
DESSERTS	Ice cream Mondays Or Fresh fruit pot	Fruit yogurt & coulis, Fresh fruit pot Or Jelly	Fruit yogurt & coulis, Fresh fruit pot Or Jelly	Fresh fruit pot Or Cheese and crackers	Cake of the week with custard Or Fresh fruit pot



WEEK 3 MENU

WEEKS: 17/11, 08/12, 12/01, 02/02, 02/03, 23/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Cheese & tomato Swirl served with Baked potatoes wadges	Jerk marinated chicken thigh served with Jollof rice & beans	Chicken Sausage roast served with mashed Potatoes, carrots, cabbage, Yorkshire pudding and gravy	Beef Bolognese Served with Spaghetti, Whole Meal Garlic & Herb bread, Seasonal Vegetable	Breaded Fish fillet served with fries, garden peas or Baked beans & ketchup
MEAT FREE	Chinese stir fry vegetables served with Noodles	Jerk sweet potato & black bean served with Rice & Bean Stew	Quorn Sausage roast served with mashed potatoes, carrots, cabbage, Yorkshire pudding and Gravy	Plant Based Bolognese Served with Spaghetti, Whole Meal Garlic & Herb bread, Seasonal Vegetable	Fishless fish fingers served with fries, garden peas or baked beans & ketchup
PASTA & JACKETS	Jacket potato with choice of toppings served with Fresh salad	Pasta twists with Homemade tomato and vegetable sauce served with fresh salad	Jacket potato with choice of toppings served with Fresh salad	Pasta twists with cheddar cheese sauce with fresh salad	Jacket potato with choice of toppings served with Fresh salad
DESSERTS	Ice cream Mondays Or Fresh fruit pot	Fruit yogurt & coulis, Fresh fruit pot Or Jelly	Fruit yogurt & coulis, Fresh fruit pot Or Jelly	Fresh fruit pot Or Cheese and crackers	Cake of the week with custurd Or Fresh fruit pot