

#### **WEEK 1 MENU**

WEEKS: 03/11, 24/11, 15/12, 19/01, 09/02, 09/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Homemade macaroni cheese served with Homemade tomato bread & roasted Mediterranean vegetables	Beef Burger served with Baked potato wedges	Roast Chicken served with Potatoes, Yorkshire pudding, carrots, cauliflower And gravy	Minty crispy topped Shepherd's Pie served with Seasonal vegetable	Breaded Fish fillet served with chips, garden peas or Baked beans & ketchup
MEAT FREE	Potatoes & chickpea Curry served with rice, naan bread fingers & seasonal vegetables	Vegetarian Burger served with Baked potato wedges	Cheese & potato Pie served with Yorkshire pudding, carrots, cauliflower And gravy	Minty crispy topped Shepherdess's Pie served with Seasonal vegetable	Vegetable nuggets served with chips, garden peas or baked beans & ketchup
PASTA & JACKETS	Jacket potato with choice of toppings served with Fresh salad	Pasta twists with Homemade tomato and vegetable sauce served with fresh salad	Jacket potato with choice of toppings served with Fresh salad	Pasta twists with cheddar cheese sauce with fresh salad	Jacket potato with choice of toppings served with Fresh salad
DESSERTS	Or	Fruit yogurt & coulis, Fresh fruit pot Or Jelly	Fruit yogurt & coulis, Fresh fruit pot Or Jelly	Fresh fruit pot Or Cheese and crackers	Cake of the week with custard Or Fresh fruit pot



## **WEEK 2 MENU**

**TUESDAY** 

WEEKS: 10/11, 01/12, 05/01, 26/01, 16/02, 16/03



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Margherita wholemeal pizza served with baked potato wedges, peas & sweetcorn

MONDAY

Chicken Curry served with Rice and Naan bread

Roast Chicken served with roast Potatoes, carrots, broccoli, Yorkshire pudding and gravy

WEDNESDAY

Chicken Meatballs pasta served with Seasonal Veg

**THURSDAY** 

Breaded Fish finger served with chips, garden peas or Baked beans & ketchup

**FRIDAY** 

# MEAT FREE

**Traffic Light** wholemeal pizza served with baked potato wedges, peas & sweetcorn

Lentil Curry served with Rice and Naan bread

Baked lentil Road served with roast potatoes, carrots, broccoli, Yorkshire pudding and gravy

Vegetarian Meatballs pasta served with Seasonal Veg

Cheese and onion roll served with chips, garden peas or baked beans & ketchup

## PASTA & JACKETS

Jacket potato with choice of toppings served with Fresh salad

Pasta twists with Homemade tomato and vegetable sauce served with fresh salad

Jacket potato with choice of toppings served with Fresh salad

Pasta twists with cheddar cheese sauce with fresh salad

Jacket potato with choice of toppings served with Fresh salad

#### **DESSERTS**

Ice cream Mondays Fresh fruit pot

Fruit yogurt & coulis, Fresh fruit pot **Jelly** 

Fruit yogurt & coulis, Fresh fruit pot  $\mathbf{Or}$ **Jelly** 

Fresh fruit pot Cheese and crackers Cake of the week with custard Fresh fruit pot



### **WEEK 3 MENU**

WEEKS: 17/11, 08/12, 12/01, 02/02, 02/03, 23/03



	MC	ONDAY TUES	DAY WEDNE	SDAY THURSI	DAY FRIDAY
MAIN	ser	se & tomato Jerk man Swirl chicken eved with served with otatoes wadges & bea	thigh served follof rice mashed Po	with Served with S statoes, Whole Meal ( bbage, Herb bread, S dding and Vegetal	paghetti, served with chips, Garlic & garden peas or Seasonal Baked beans
MEA' FREE		ese stir fry Jerk sweet getables black eved with served Noodles Rice & Be	oean served mashed potate with cabbage, Y	with pes, carrots, prkshire g and  Served with S Whole Meal Herb bread,	Spaghetti, served with chips, Garlic & garden peas or Seasonal baked beans
PASTA JACKE	choice ser	potato with Pasta twi of toppings Homemade a red with vegetable sa esh salad with fres	omato and choice of t uce served served	oppings cheddar chee with with fresh	ese sauce choice of toppings
DESSER		am Mondays Fruit yogur Or Fresh fr h fruit pot O: Jel	uit pot Fresh fr Oı	uit pot Or Cheese and c	custurd