

# Newsletter

Friday 19<sup>th</sup> September 2025

## 2/3 RED BEGIN EMOTIONAL & WELLBEING WORKSHOPS

In Year 2/3 we're excited to be working with THEWS (Tower Hamlets Emotional Wellbeing Services)! Over the next 6 sessions, our pupils will be learning how to understand, manage, and express their feelings in healthy ways. Through fun activities and discussions, children will gain the tools to navigate their emotions in different situations — building confidence, resilience, and becoming true Emotion Warriors! We're so proud to support our pupils in developing these essential life skills right from the start!

**#WellbeingInSchool      #EmotionWarriors**  
**#PrimaryEducation #TowerHamlets** ❤️



The unsung heroes this week are as follows: **Sancia** and all teachers/support staff who teach read/write. We had a read/write development day this week and we received really great feedback for all staff. Well done to you all! Nominated by Janet.

Also, **Reba** and **Janet** have been nominated as our unsung heroes this week! They have gone above and beyond by stepping into various classes to support learning and teaching. Their efforts have allowed our teachers valuable time for planning, and we are so grateful for their dedication and leadership. Thank you, Reba and Janet!



Carmel Jane Photography will be coming into school on **Tuesday 14<sup>th</sup> October** to take the individual pupil photos. All pupils must be in school on this date and come to school dressed in their full school uniform. Thank you.

## Important Notice

The next Academy Council Meeting will take place on **Tuesday 7<sup>th</sup> October at 9:10am.** We look forward to seeing you there!



### **Next Academy Council Meeting:**

Tuesday 7<sup>th</sup> October at 9:10am

### **School Photo Day:**

Tuesday 14<sup>th</sup> October

**Last day of term:** Friday 24<sup>th</sup> October

**Half Term Break:** Monday 27<sup>th</sup> – Friday 31<sup>st</sup> October

**Pupils return to school:** Monday 3<sup>rd</sup> November

## **STAR PUPILS – w/c 8<sup>th</sup> September 2025**

### **Nursery/Reception**

**Devarshigiri** - For settling really well into Reception.

**Amilah** - For settling really well into Nursery.

### **1/2 Red**

**Wahib** - Wahib is star pupil for showing excellence in his work. He created a fantastic labelled diagram in science that shows great observation. Keep up the amazing work!

**Anisa** – Anisa is star pupil for excellence. Anisa has shown excellent listening skills in class. She has been answering questions clearly and confidently. Well done Anisa!

### **2/3 Red**

**Jabir** - Jabir has been building his confidence, by listening carefully in shared reading and answering questions in full sentences using his loud proud voice. Well done Jabir.

**Farhan** - Farhan has shown a hard-working attitude to his learning during maths and history lessons this week. Keep it up Farhan!

### **3/4 Red**

**Billy** - Billy has been showing integrity and doing the right thing even when no one is looking, be proud of yourself!

**Eda** - Eda is new to our school and in two days she's showed excellence in how hard she's working and she's even bravely contributing to lessons, well done and welcome!

### **5 Red**

**Mohammed Qaaim (for excellence)** - Mohammed has been contributing interesting discussion points during lesson time as well as ensuring all tasks are completed to his full potential.

**Hanaa (for integrity)** - Hanaa has been demonstrating STAR throughout the week. She has been an excellent role model to our class and has exemplified the importance of integrity.

### **6 Red**

**Musa** - For working really hard in class to improve his handwriting, as a result his presentation in books is fantastic. Well done Musa.

**Sara** - Sara is always quietly getting on with her work and striving to produce great quality of work in class. Well done Sara!

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

#### MAIN MEAL

Margherita wholemeal pizza served with baked potato wedges, peas & sweetcorn

Chicken curry served with turmeric rice, naan bread finger & mixed vegetables

Roast chicken served with roast potatoes, carrots, cabbage and gravy

Quorn lasagne served with wholemeal garlic & herb bread, mixed vegetables or salad

Fillet of fish served with chips, garden peas or baked beans & ketchup

#### MEAT FREE

Roasted vegetable quiche served with potato wedges, peas and sweetcorn

Lentil dahl served with turmeric rice, naan bread finger & mixed vegetables

Creamy diced quorn Wellington served with roast potatoes, carrots, cabbage and gravy

Vegetable lasagne served with wholemeal garlic & herb bread, mixed vegetables or salad

Vegan sausage roll served with chips, garden peas or baked beans & ketchup

#### Pasta and jackets

Jacket potato with choice of toppings served with fresh salad

Pasta twists with homemade tomato and vegetable sauce served with fresh salad

Jacket potato with choice of toppings served with fresh salad

Pasta twists with cheddar cheese Sauce served with fresh salad

Jacket potato with choice of toppings served with fresh salad

#### DESSERTS

Ice cream Mondays  
Or  
Fresh fruit pot

Natural yogurt with healthy toppings  
Or  
Fresh fruit pot

Fruit jelly  
Or  
Fresh fruit pot

Natural yogurt with healthy toppings  
Or  
Cheese and crackers

Treat of the week cake  
Or  
Fresh fruit pot

Making lunchtime the **highlight** of your day

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

#### MAIN MEAL

Spanish-style vegetable pasta bake served with wholemeal garlic & herb bread, seasonal vegetables

Chicken nuggets served with homemade wedges and mixed vegetables

Chicken sausages served with roast potatoes, carrots, broccoli and gravy

Chicken pasta served with broccoli and peas

Fillet of fish served with chips, garden peas or baked beans & ketchup

#### MEAT FREE

Traditional macaroni cheese served with wholemeal garlic & herb bread, seasonal vegetables

Vegetarian nuggets served with homemade wedges and mixed vegetables

Vegan sausage roll served with roast potatoes, carrots, broccoli and gravy

Vegan meatballs served with pasta and vegetables

Vegetable nuggets served with chips, garden peas or baked beans & ketchup

#### PASTA & JACKETS

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LUNCHTIME CO.®

## WEEK 3 MENU

WEEKS: 05/05, 02/06, 23/06, 14/07, 15/09, 06/10



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

#### MAIN MEAL

Cheese pizza served with potato wedges and mixed vegetables

Jerk chicken thigh served with rice & beans, seasonal vegetable

Chicken drumsticks served with potatoes, yorkshire pudding, carrots, broccoli & gravy

Beef bolognese pasta served with garlic & herb bread, mixed vegetables

Fillet of fish served with chips, garden peas or baked beans & ketchup

#### MEAT FREE

Vegetable wholemeal pizza served with baked potato wedges, peas & sweetcorn

Lentil, chickpea & vegetable stew served with rice & beans, seasonal vegetable

Cheese and onion quiche served with potatoes, carrots & broccoli

Vegetable bolognese served with spaghetti, garlic & herb bread, seasonal vegetables

Cheese and onion roll served with chips, garden peas or baked beans & ketchup

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## Term Dates 2025/2026

| Term               | Start  | End                                   | Half - term holidays   | Start                                 | End                                   | Dates for term holiday  |
|--------------------|--|---------------------------------------|--|---------------------------------------|---------------------------------------|---|
| <b>Autumn 2025</b> | Monday 1 <sup>st</sup> September 2025 (Staff only, on Monday 1 <sup>st</sup> – Wednesday 3 <sup>rd</sup> - see INSET days below. Pupils return on Thursday 4 <sup>th</sup> September 2025) | Friday 24 <sup>th</sup> October 2025  | Monday 27 <sup>th</sup> October – Friday 31 <sup>st</sup> October 2025   | Monday 3 <sup>rd</sup> November 2025  | Friday 19 <sup>th</sup> December 2025 | Monday 22 <sup>nd</sup> December 2025 – Friday 2 <sup>nd</sup> January 2026 |
| <b>Spring 2026</b> | Monday 5 <sup>th</sup> January 2026 (Staff only, on Monday 5 <sup>th</sup> January 2026 - see INSET days below. Pupils return on Tuesday 6 <sup>th</sup> January 2026)                     | Friday 13 <sup>th</sup> February 2026 | Monday 16 <sup>th</sup> February – Friday 20 <sup>th</sup> February 2026 | Monday 23 <sup>rd</sup> February 2026 | Friday 27 <sup>th</sup> March 2026    | Monday 30 <sup>th</sup> March 2026 – Friday 10 <sup>th</sup> April 2026     |
| <b>Summer 2026</b> | Monday 13 <sup>th</sup> April 2026   | Friday 22 <sup>nd</sup> May 2026      | Monday 25 <sup>th</sup> May – Friday 29 <sup>th</sup> May 2026           | Monday 1 <sup>st</sup> June 2026      | Tuesday 21 <sup>st</sup> July 2026    | Wednesday 22 <sup>nd</sup> July – Monday 31 <sup>st</sup> August 2026       |

### INSET Days

- ❖ **INSET 1:** Monday 1<sup>st</sup> September 2025
- ❖ **INSET 2:** Tuesday 2<sup>nd</sup> September 2025
- ❖ **INSET 3:** Wednesday 3<sup>rd</sup> September 2025
- ❖ **INSET 4:** Monday 5<sup>th</sup> January 2026
- ❖ **INSET 5:** TBC

### EID

Tower Hamlets have advised the **provisional** dates below for School closures for the celebration of Eid:

- ❖ **Eid Ul-Fitr:** Friday 20<sup>th</sup> March 2026 provisional date
- ❖ **Eid Ul-Adha:** Wednesday 27<sup>th</sup> May 2026 provisional date

### Bank Holidays – 2025/26

- ❖ **Christmas Day:** Thursday 25<sup>th</sup> December 2025
- ❖ **Boxing Day:** Friday 26<sup>th</sup> December 2025
- ❖ **New Year's Day:** Thursday 1<sup>st</sup> January 2026
- ❖ **Good Friday:** Friday 3<sup>rd</sup> April 2026
- ❖ **Easter Monday:** Monday 6<sup>th</sup> April 2026
- ❖ **May Bank Holiday:** Monday 4<sup>th</sup> May 2026
- ❖ **Spring Bank Holiday:** Monday 25<sup>th</sup> May 2026
- ❖ **Summer Bank Holiday:** Monday 31<sup>st</sup> August 2026

## Attendance and punctuality expectations



It is important for all our pupils to come to school every day and on time! Regular attendance and punctuality helps us learn well in school, make friends, and have fun. When we miss school, it is easy to fall behind and miss out on exciting lessons and activities. Poor attendance can also affect our friendships, making it harder to join in class discussions and group projects.



Please note, we are able to administer medication to your child if they are in school and require medication. Please bring the medication to the school office and a member of staff will provide you with a consent form to complete.

If you are having trouble getting your child/ren to school for other reasons, please speak to the class teacher or the office staff to see what support we can offer. We are all here to help!



### Every School Day Counts and Every Minute Matters!

Being 10 minutes late for school  
everyday = 5 school days missed  
and 36 lost lessons!



We will not be authorising any holidays during term time, absences that are not illness related will only be authorised in exceptional circumstances. Please book any holidays outside of term time and book medical and dental appointments outside school hours if possible – and if not possible, ensure your child attends school before and after the appointment. If your child has a medical appointment during the school day, we shall need to see evidence in order to authorise the absence (hospital, appointment card, etc)

We understand that sometimes children can feel unwell in the mornings but we would encourage you to send them to school if they have a minor cough or cold. Please see guidance below from the NHS website with further detail on this.

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/#:~:text=It's%20fine%20to%20send%20your,until%20the%20temperature%20has%20gone>



You need to inform us on the first day of your child's absence and continue to keep us updated on a daily basis if they are absent for consecutive days. The school can be contacted on **020 8980 2414**, or you can leave a message via the **MCAS app** or email [info@solebayacademy.org](mailto:info@solebayacademy.org)

We will try to contact you if we are not made aware of your child's absence by 09:00am. Failure to respond to any of these will result in an unauthorised absence.

