

# Newsletter

## WORKSHOP WITH LEAH CHOWDHRY

The pupils really were enlightened and enthusiastic to learn about Leah's extraordinary experience. Leah Chowdhry is an inspiring figure, known for being the first British Asian woman to swim the English Channel, during which she raised an incredible £250,000 for charity! Since then, she has dedicated her time to inspiring young minds across the country, sharing her remarkable story to help students develop mental resilience, confidence, and a positive "I Can" mindset. Our pupils had great questions for Leah as well. Look out for SPA pupils' testimony to follow!



Friday 27<sup>th</sup> June 2025

## NURSERY VISIT THE BEACH

Nursery pupils enjoyed a fun-filled day at Canvey Island Seaside. They had a beach picnic, paddled in the sea, built sandcastles, and wrapped up the day with ice cream treats. It was a fun-filled, memorable experience for all! The seaside wasn't just a delightful day out—it was a wonderful learning experience for all the pupils.



## *Unsung* **HEROES**

The unsung heroes this week are **Thanjima** and **Paul** for always running the admin office with positivity, even when things are very busy. Thank you both. Nominated by Janet.



### **Year 6 Production of 'The Lion King':**

Friday 11<sup>th</sup> July:

**10am show – Pupils only**

**2pm show – Year 6 parents/carers ONLY**

**Solebay Sports Day (Mile End Stadium):**

Tuesday 15<sup>th</sup> July - **10am – 12pm**

**EYFS Graduation:** Wednesday 16<sup>th</sup> July

**Year 6 Leavers Disco:** Thursday 17<sup>th</sup> July

**Year 6 Sports Day (Ipswich):**

Friday 18<sup>th</sup> July

**Summer Concert:** Friday 18<sup>th</sup> July – 2pm

**Last day of term:** Thursday 24<sup>th</sup> July

**Summer Holidays:** Friday 25<sup>th</sup> July –

Wednesday 3<sup>rd</sup> September

**Pupils return to school:** Thursday 4<sup>th</sup>

September 2025

## **STAR PUPILS – w/c 16<sup>th</sup> June 2025**

### **Nursery/Reception**

**Marina** - For trying really hard with her reading in Read Write.

**Nazifa** - For writing most of her name independently.

### **1 Red**

**Yeamin** - Yeamin has shown wonderful confidence this week. He is trying new things and speaking up more, and believes in himself. It's great to see him grow braver and more independent every day! Well done!

**Abrar** - Abrar has been working so well independently, shows great focus during lessons, tries his best without needing lots of help, and takes pride in his work. I am so proud of his growing confidence and effort. Well done!

### **2/3 Red**

**Esha, George, Mahdian and Tayyib** -

Well done to Esha, George, Mahdian and Tayyib who do 1:1 interventions with Nazma. You've been working so hard on your speedy reading and story books, and we can see how much you've improved. You're becoming brilliant, confident readers and we're super proud of you! Keep up the amazing work!

### **3/4 Red**

**Umayr** - For excellence, he has been very good at trying his best to achieve more by asking relevant questions to help him succeed.

**Asia** - For excellence, she has been working on her pace and on focussing on completing her tasks on time.

### **4/5 Red**

**Hanaa** - Hanaa deserves star pupil for excellence. She is always motivated to do well and work on greater depth and quality of her work. Well done Hanaa!

**Ilyas** - Ilyas deserves star pupil for excellence. Since Ilyas has started he has improved on his writing skills substantially. Well done Ilyas!

### **6 Red**

**Waqiah** - For working really hard in her writing. She is a brilliant writer and I would love to read her books one day.

**Faraaz** - Faraaz put a lot of effort in his work this week, especially in his writing. Well done Faraaz!

**Principal: Janet McKenzie**

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### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

#### MAIN MEAL

Margherita wholemeal pizza served with baked potato wedges, peas & sweetcorn

Chicken curry served with turmeric rice, naan bread finger & mixed vegetables

Roast chicken served with roast potatoes, carrots, cabbage and gravy

Quorn lasagne served with wholemeal garlic & herb bread, mixed vegetables or salad

Fillet of fish served with chips, garden peas or baked beans & ketchup

#### MEAT FREE

Roasted vegetable quiche served with potato wedges, peas and sweetcorn

Lentil dahl served with turmeric rice, naan bread finger & mixed vegetables

Creamy diced quorn Wellington served with roast potatoes, carrots, cabbage and gravy

Vegetable lasagne served with wholemeal garlic & herb bread, mixed vegetables or salad

Vegan sausage roll served with chips, garden peas or baked beans & ketchup

#### Pasta and jackets

Jacket potato with choice of toppings served with fresh salad

Pasta twists with homemade tomato and vegetable sauce served with fresh salad

Jacket potato with choice of toppings served with fresh salad

Pasta twists with cheddar cheese Sauce served with fresh salad

Jacket potato with choice of toppings served with fresh salad

#### DESSERTS

Ice cream Mondays  
Or  
Fresh fruit pot

Natural yogurt with healthy toppings  
Or  
Fresh fruit pot

Fruit jelly  
Or  
Fresh fruit pot

Natural yogurt with healthy toppings  
Or  
Cheese and crackers

Treat of the week cake  
Or  
Fresh fruit pot

Making lunchtime the **highlight** of your day

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

#### MAIN MEAL

Spanish-style vegetable pasta bake served with wholemeal garlic & herb bread, seasonal vegetables

Chicken nuggets served with homemade wedges and mixed vegetables

Chicken sausages served with roast potatoes, carrots, broccoli and gravy

Chicken pasta served with broccoli and peas

Fillet of fish served with chips, garden peas or baked beans & ketchup

#### MEAT FREE

Traditional macaroni cheese served with wholemeal garlic & herb bread, seasonal vegetables

Vegetarian nuggets served with homemade wedges and mixed vegetables

Vegan sausage roll served with roast potatoes, carrots, broccoli and gravy

Vegan meatballs served with pasta and vegetables

Vegetable nuggets served with chips, garden peas or baked beans & ketchup

#### PASTA & JACKETS

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LUNCHTIME CO<sup>®</sup>

## WEEK 3 MENU

WEEKS: 05/05, 02/06, 23/06, 14/07, 15/09, 06/10



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

#### MAIN MEAL

Cheese pizza served with potato wedges and mixed vegetables

Jerk chicken thigh served with rice & beans, seasonal vegetable

Chicken drumsticks served with potatoes, yorkshire pudding, carrots, broccoli & gravy

Beef bolognese pasta served with garlic & herb bread, mixed vegetables

Fillet of fish served with chips, garden peas or baked beans & ketchup

#### MEAT FREE

Vegetable wholemeal pizza served with baked potato wedges, peas & sweetcorn

Lentil, chickpea & vegetable stew served with rice & beans, seasonal vegetable

Cheese and onion quiche served with potatoes, carrots & broccoli

Vegetable bolognese served with spaghetti, garlic & herb bread, seasonal vegetables

Cheese and onion roll served with chips, garden peas or baked beans & ketchup

#### PASTA & JACKETS

Jacket potato with choice of toppings served with fresh salad

Pasta twists with homemade tomato and vegetable sauce served with fresh salad

Jacket potato with choice of toppings served with fresh salad

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## Term Dates 2024/2025

Term	Start	End	Half - term holidays	Start	End	Dates for term holiday
<b>Autumn 2024</b>	Monday 2 <sup>nd</sup> September 2024 <i>(Staff only, on Monday 2<sup>nd</sup> – Wednesday 4<sup>th</sup> - see INSET days below. Pupils return on Thursday 5<sup>th</sup> September 2024)</i>	Friday 25 <sup>th</sup> October 2024	Monday 28 <sup>rd</sup> October – Friday 1 <sup>st</sup> November 2024	Monday 4 <sup>th</sup> November 2024	Friday 20 <sup>th</sup> December 2024	Monday 23 <sup>rd</sup> December 2024 – Friday 3 <sup>rd</sup> January 2025
<b>Spring 2025</b>	Monday 6 <sup>th</sup> January 2025 <i>(Staff only, on Monday 6<sup>th</sup> January 2025 - see INSET days below. Pupils return on Tuesday 7<sup>th</sup> January 2025)</i>	Friday 14 <sup>th</sup> February 2025	Monday 17 <sup>th</sup> February – Friday 21 <sup>st</sup> February 2025	Monday 24 <sup>th</sup> February 2025	Friday 4 <sup>th</sup> April 2025	Monday 7 <sup>th</sup> April 2025 – Tuesday 22 <sup>nd</sup> April 2025
<b>Summer 2025</b>	Wednesday 23 <sup>rd</sup> April 2025	Friday 23 <sup>rd</sup> May 2025	Tuesday 27 <sup>th</sup> May – Friday 30 <sup>th</sup> May 2025	Monday 2 <sup>nd</sup> June 2025	Thursday 24 <sup>th</sup> July 2025	Friday 25 <sup>th</sup> July – Friday 29 <sup>th</sup> August 2025

### INSET Days

- INSET 1: Monday 2<sup>nd</sup> September 2024
- INSET 2: Tuesday 3<sup>rd</sup> September 2024
- INSET 3: Wednesday 4<sup>th</sup> September 2024
- INSET 4: Monday 6<sup>th</sup> January 2025
- INSET 5: Tuesday 22<sup>nd</sup> April

### EID

- Eid Ul-Fitr: Monday 31<sup>st</sup> March 2025
- Eid Ul-Adha: Friday 6<sup>th</sup> June 2025 **provisional date**

### Bank Holidays – 2024/25

- Christmas Day: Wednesday 25<sup>th</sup> December 2024
- Boxing Day: Thursday 26<sup>th</sup> December 2024
- New Year's Day: Wednesday 1<sup>st</sup> January 2025
- Good Friday: Friday 18<sup>th</sup> April 2025
- Easter Monday: Monday 21<sup>st</sup> April 2025
- May Bank Holiday: Monday 5<sup>th</sup> May 2025
- Spring Bank Holiday: Monday 26<sup>th</sup> May 2025
- Summer Bank Holiday: Monday 25<sup>th</sup> August 2025

### Term Dates 2025/2026

Term	Start	End	Half - term holidays	Start	End	Dates for term holiday
<b>Autumn 2025</b>	Monday 1 <sup>st</sup> September 2025 (Staff only, on Monday 1 <sup>st</sup> – Wednesday 3 <sup>rd</sup> - see INSET days below. <u>Pupils return on Thursday 4<sup>th</sup> September 2025</u> )	Friday 24 <sup>th</sup> October 2025	Monday 27 <sup>th</sup> October – Friday 31 <sup>st</sup> October 2025	Monday 3 <sup>rd</sup> November 2025	Friday 19 <sup>th</sup> December 2025	Monday 22 <sup>nd</sup> December 2025 – Friday 2 <sup>nd</sup> January 2026
<b>Spring 2026</b>	Monday 5 <sup>th</sup> January 2026 (Staff only, on Monday 5 <sup>th</sup> January 2026 - see INSET days below. <u>Pupils return on Tuesday 6<sup>th</sup> January 2026</u> )	Friday 13 <sup>th</sup> February 2026	Monday 16 <sup>th</sup> February – Friday 20 <sup>th</sup> February 2026	Monday 23 <sup>rd</sup> February 2026	Friday 27 <sup>th</sup> March 2026	Monday 30 <sup>th</sup> March 2026 – Friday 10 <sup>th</sup> April 2026
<b>Summer 2026</b>	Monday 13 <sup>th</sup> April 2026	Friday 22 <sup>nd</sup> May 2026	Monday 25 <sup>th</sup> May – Friday 29 <sup>th</sup> May 2026	Monday 1 <sup>st</sup> June 2026	Tuesday 21 <sup>st</sup> July 2026	Wednesday 22 <sup>nd</sup> July – Monday 31 <sup>st</sup> August 2026

#### INSET Days

- ❖ **INSET 1:** Monday 1<sup>st</sup> September 2025
- ❖ **INSET 2:** Tuesday 2<sup>nd</sup> September 2025
- ❖ **INSET 3:** Wednesday 3<sup>rd</sup> September 2025
- ❖ **INSET 4:** Monday 5<sup>th</sup> January 2026
- ❖ **INSET 5:** **TBC**

#### EID

Tower Hamlets have advised the **provisional** dates below for School closures for the celebration of Eid:

- ❖ **Eid Ul-Fitr:** Friday 20<sup>th</sup> March 2026 provisional date
- ❖ **Eid Ul-Adha:** Wednesday 27<sup>th</sup> May 2026 provisional date

#### Bank Holidays – 2025/26

- ❖ **Christmas Day:** Thursday 25<sup>th</sup> December 2025
- ❖ **Boxing Day:** Friday 26<sup>th</sup> December 2025
- ❖ **New Year's Day:** Thursday 1<sup>st</sup> January 2026
- ❖ **Good Friday:** Friday 3<sup>rd</sup> April 2026
- ❖ **Easter Monday:** Monday 6<sup>th</sup> April 2026
- ❖ **May Bank Holiday:** Monday 4<sup>th</sup> May 2026
- ❖ **Spring Bank Holiday:** Monday 25<sup>th</sup> May 2026
- ❖ **Summer Bank Holiday:** Monday 31<sup>st</sup> August 2026

**RAISING  
HER  
GAME™**

**SUMMER HOLIDAYS**

# **GIRLS SPORT CAMP**

YEARS  
**4 & 5**



**FREE**  
ADMISSION



**KIT & LUNCH  
PROVIDED  
FOR FREE**

**TOUCH RUGBY  
HOCKEY  
FOOTBALL**



**STAR COACHES INCLUDE**

**DARCY  
BOURNE**

England Hockey Player



**SHAUNAGH  
BROWN**

England Rugby Player

**DATE & TIME**

**25TH - 26TH JULY**

**10:00 - 15:00**

**LOCATION**

**JOHN ORWELL CENTRE,  
TENCH ST, LONDON E1W 2QD**