

Solebay Primary A Paradigm Academy A Paradigm Academy Friday 13th Jul

Friday 13th June 2025

YEAR 3 FORMAL MEAL AT NANDO'S

Year 3 enjoyed a formal meal at Nando's, choosing a tasty main and two scrumptious sides, topped off with toffee frozen yogurt and a bonus refill! The pupils loved the experience and impressed everyone with their fabulous table manners. A delicious lunch trip filled with fun and flavour!





PE UPDATES FROM MIA

- Sports Day Tuesday 15th July (please see letter for info)
- Y2/3 and Year 3/4 are enjoying specialist Cricket coaching this term
- Assembly for all pupils next Friday with guest speaker Leah Chowdhury - the first British Asian woman to swim across the English Channel!



The unsung hero this week is **Reine** for completing her course coaching, which will allow her to further support our staff and guide their professional and personal development. Well done Reine! Nominated by Ranjeni.



Year 6 Residential: Monday 16th -Wednesday 18th June

Year 6 Production of 'The Lion King':

Friday 11th July -

10am show - Pupils only

2pm show – Year 6 parents/carers

Solebay Sports Day (Mile End

Stadium): Tuesday 15th July (more info to follow)

EYFS Graduation: Wednesday 16th July Year 6 Leavers Disco: Thursday 17th July

Year 6 Sports Day (Ipswich):

Friday 18th July

Summer Concert: Friday 18th July **Last day of term**: Thursday 24th July

UPCOMING EDUCATIONAL VISITS

<u>20th June – Victoria Park – 2/3 Red</u> <u>25th June – Canvey Island Beach – Nursery</u>

3rd July – Chalkwell Beach – Year 2 & 3 3rd July – Imperial War Museum – Year 6

<u>10th July – Herfordshire Zoo –</u> Reception

15th July – Solebay Sports day – Mile End Stadium

18th July – Year 6 Sports Day - Ipswich 21st July – Pontoon Docks – 3/4 & 4/5

STAR PUPILS - w/c 2nd June 2025

Nursery/Reception

Za'nyah - For settling into Reception very well and doing really great independent reading and writing.

Anisa - For being more independent with her reading and writing.

1 Red

Yeamin & Elsie - For working extremely hard in their morning phonics booster sessions. They have made very good progress. Well done!

2/3 Red

Shafi - This week's star pupil always brings brilliant ideas to our writing sessions and is excited to share them with the class. During maths, he shows great problem-solving skills and is always ready to help others when they're stuck. He works super hard and stays positive!

Lily - Lily has been working really hard and showing fantastic progress. She's been growing in confidence and has started sharing her brilliant ideas more often in class, which has been lovely to see. She is also a kind and caring friend who always looks out for others.



3/4 **Red**

Saheim - Saheim has been showing integrity in and around school.

Tarifa - Tarifa has been showing integrity in and outside of school.

4/5 Red

Muadh – Muadh deserves star pupil for excellence. Muadh has been working extremely hard with the quality of his work in class. Well done Muadh!

Hollie - Hollie deserves star pupil for integrity. She has really settled down and adjusted to the rules and expectations of the school. Well done Hollie.

6 Red

Faraaz - Faraaz made a lot of improvements in his writing, he takes his time to improve his work and has great presentations.

Jannatun - Jannatun is a star writer in year 6, she thinks about the use of complex vocabulary and strives to exceed expectations.

Principal: Janet McKenzie

a: 11 Solebay Street, London E1 4PW

t: 020 8980 2414

e: <u>info@solebayacademy.org</u> www.solebayacademy.paradigmtrust.org



WEEK 1 MENU

WEEKS: 21/04, 12/05, 09/06. 30/06, 21/07, 01,09, 22/09, 13/10



MAIN MEAL Margherita wholemeal pizza served with baked potato wedges, peas & sweetcorn

MONDAY

Chicken curry served with turmeric rice, naan bread finger & mixed vegetables

TUESDAY

Roast chicken served with roast potatoes, carrots, cabbage and gravy

WEDNESDAY

Quorn lasagne served with wholemeal garlic & herb bread, mixed vegetables or salad

THURSDAY

Fillet of fish served with chips, garden peas or baked beans & ketchup

FRIDAY

MEAT FREE Roasted vegetable quiche served with potato wedges, peas and sweetcorn Lentil dahl served with turmeric rice, naan bread finger & mixed vegetables Creamy diced quorn Wellington served with roast potatoes, carrots, cabbage and gravy Vegetable lasagne served with wholemeal garlic & herb bread, mixed vegetables or salad Vegan sausage roll served with chips, garden peas or baked beans & ketchup

Pasta and jackets

Jacket potato with choice of toppings served with fresh salad Pasta twists with homemade tomato and vegetable sauce served with fresh salad Jacket potato with choice of toppings served with fresh salad Pasta twists with cheddar cheese Sauc served with fresh salad Jacket potato with choice of toppings served with

DESSERTS

Ice cream Mondays Or Fresh fruit pot Natural yogurt with healthy toppings Or Fresh fruit pot

Fruit jelly Or Fresh fruit pot Natural yogurt with healthy toppings Or Cheese and crackers Treat of the week cake Or Fresh fruit pot

Making lunchtime the highlight of your day

LUNCHTIME CO

WEEK 2 MENU

WEEKS: 28/04, 19/05, 16/06, 07/07, 08/09, 29/09, 20/10





MAIN ME AL Spanish-style vegetable pasta bake served with wholemeal garlic & herb bread, seasonal vegetables

MONDAY

Chicken nuggets served with homemade wedges and mixed vegetables

TUESDAY

Chicken sausages served with roast potatoes, carrots, broccoli and gravy

WEDNESDAY

Chicken pasta served with broccoli and peas

THURSDAY

Fillet of fish served with chips, garden peas or baked beans & ketchup

FRIDAY

MEAT FREE Traditional macaroni cheese served with wholemeal garlic & herb bread, seasonal vegetables Vegetarian nuggets served with homemade wedges and mixed vegetables Vegan sausage roll served with roast potatoes, carrots, broccoli and gravy Vegan meatballs served with pasta and vegetables Vegetable nuggets served with chips, garden peas or baked beans & ketchup

PASTA 8
JACKETS

Jacket potato with choice of toppings served with fresh salad

Pasta twists with nomemade tomato and vegetable sauce served with fresh salad Jacket potato with choice of toppings served with fresh salad Pasta twists with cheddar cheese Sauce served with fresh salad Jacket potato with choice of toppings served with

DESSERTS

Ice cream Mondays Or Fresh fruit pot Natural yogurt with healthy toppings Or Fresh fruit pot Fruit jelly Or Fresh fruit pot

Natural yogurt with healthy toppings Or

Treat of the week cake Or Fresh fruit pot

Making lunchtime the highlight of your day



WEEK 3 MENU



Cheese pizza served with potato wedges and mixed vegetables

MONDAY

Jerk chicken thigh served with rice & beans, seasonal vegetable

TUESDAY

Chicken drumsticks served with potatoes, yorkshire pudding, carrots, broccoli & gravy

WEDNESDAY

Beef bolognese pasta served with garlic & herb bread, mixed vegetables

THURSDAY

Fillet of fish served with chips, garden peas or baked beans & ketchup

FRIDAY

Vegetable Lentil, chickpea &
wholemeal pizza vegetable stew
served with baked potato served with rice & beans,
wedges, peas & seasonal vegetable
sweetcorn

Cheese and onion quiche served with served with spaghetti, garlic & herb bread, seasonal vegetables

served with chips, garden peas or baked beans & ketchup

Pasta twists with served with fresh salad

Jacket potato with

Pasta twists with cheddar cheese Sauce

DESSERTS

Natural yogurt with healthy toppings Or Fresh fruit pot

Natural yogurt with healthy toppings Or Cheese and crackers

Making lunchtime the highlight of your day



Term Dates 2024/2025

Term	Start	End	Half - term holidays	Start	End	Dates for term holiday
Autumn 2024	Monday 2 nd September 2024 (Staff only, on Monday 2 nd – Wednesday 4 th - see INSET days below. Pupils return on Thursday 5 th September 2024)	Friday 25 th October 2024	Monday 28 rd October – Friday 1 st November 2024	Monday 4 th November 2024	Friday 20 th December 2024	Monday 23 rd December 2024 – Friday 3 rd January 2025
Spring 2025	Monday 6 th January 2025 (Staff only, on Monday 6 th January 2025 - see INSET days below. Pupils return on Tuesday 7 th January 2025)	Friday 14 th February 2025	Monday 17 th February – Friday 21 st February 2025	Monday 24 th February 2025	Friday 4 th April 2025	Monday 7 th April 2025 – Tuesday 22 nd April 2025
Summer 2025	Wednesday 23 rd April 2025	Friday 23 rd May 2025	Tuesday 27 th May – Friday 30 th May 2025	Monday 2 nd June 2025	Thursday 24 th July 2025	Friday 25 th July – Friday 29 th August 2025

INSET Days

INSET 1: Monday 2nd September 2024 INSET 2: Tuesday 3rd September 2024 INSET 3: Wednesday 4th September 2024

INSET 4: Monday 6th January 2025

INSET 5: Tuesday 22nd April

EID

Eid Ul-Fitr: Monday 31st March 2025

Eid Ul-Adha: Friday 6th June 2025 **provisional date**

Bank Holidays - 2024/25

Christmas Day: Wednesday 25th December 2024

Boxing Day: Thursday 26th December 2024

New Year's Day: Wednesday 1st January 2025

Good Friday: Friday 18th April 2025
Easter Monday: Monday 21st April 2025
May Bank Holiday: Monday 5th May 2025
Spring Bank Holiday: Monday 26th May 2025
Summer Bank Holiday: Monday 25th August 2025



Term Dates 2025/2026

Term	Start	End	Half - term holidays	Start	End	Dates for term holiday
Autumn 2025	Monday 1st September 2025 (Staff only, on Monday 1st – Wednesday 3st - see INSET days below. Pupils return on Thursday 4th September 2025)	Friday 24 th October 2025	Monday 27 th October – Friday 31 st October 2025	Monday 3 rd November 2025	Friday 19 th December 2025	Monday 22 nd December 2025 – Friday 2 nd January 2026
Spring 2026	Monday 5 th January 2026 (Staff only, on Monday 5 th January 2026 - see INSET days below. Pupils return on Tuesday 6 th January 2026)	Friday 13 th February 2026	Monday 16 th February – Friday 20 th February 2026	Monday 23 rd February 2026	Friday 27 th March 2026	Monday 30 th March 2026 – Friday 10 th April 2026
Summer 2026	Monday 13 th April 2026	Friday 22 nd May 2026	Monday 25 th May – Friday 29 th May 2026	Monday 1st June 2026	Tuesday 21st July 2026	Wednesday 22 nd July – Monday 31 st August 2026

INSET Days

- INSET 1: Monday 1st September 2025
- INSET 2: Tuesday 2nd September 2025
- INSET 3: Wednesday 3rd September 2025
- INSET 4: Monday 5th January 2026
- ♦ INSET 5: TBC

EID

Tower Hamlets have advised the provisional dates below for School closures for the celebration of Eid:

- Eid UI-Fitr: Friday 20th March 2026 provisional date
- Eid UI-Adha: Wednesday 27th May 2026 provisional date

Bank Holidays - 2025/26

- Christmas Day: Thursday 25th December 2025
- Boxing Day: Friday 26th December 2025
- New Year's Day: Thursday 1st January 2026
- Good Friday: Friday 3rd April 2026
- Easter Monday: Monday 6th April 2026
- May Bank Holiday: Monday 4th May 2026
- Spring Bank Holiday: Monday 25th May 2026
- Summer Bank Holiday: Monday 31st August 2026

RAISING HER GAME

SUMMER HOLIDAYS

GIRLS SPORT CAMP

4 & 5

FREE

KIT & LUNCH PROVIDED FOR FREE TOUCH RUGBY HOCKEY FOOTBALL

STAR COACHES INCLUDE

DARCY BOURNE

England Hockey Player



England Rugby Player

DATE & TIME

25TH - 26TH JULY

10:00 - 15:00

LOCATION

JOHN ORWELL CENTRE, TENCH ST, LONDON E1W 2QD