

Solebay Primary A Paradigm Academy CHAPTON A PARADIGM A PARADIGM ACADEMY CHAPTON A PARADIGM A PARADIGM ACADEMY CHAPTON A PARADIGM ACADEMY CHAPTON A PARADIGM A PARADIGM ACADEMY CHAPTON A PARADIGM A PARADI

Friday 4th April 2025

YEAR 1 VISIT THE GRUFFALO TRAIL

Year 1 went on a trip to the woodlands to explore the Gruffalo Trail this week. They absolutely loved creating dens and burying pinecones like squirrels. They had so much fun creating an owl portrait and making repeated patterns on logs using sticks and stones. There were so many other creative opportunities which they enjoyed taking part in.





The unsung hero this week is **Thanjima** for her incredible dedication and selflessness in supporting her colleagues. Despite her own responsibilities, she takes the time to assist her colleagues in getting their children to nursery safely. Alongside her other work responsibilities, she consistently looks out for all pupils at Solebay, demonstrating kindness, care, and a strong sense of community. Her efforts make a huge difference in the lives of both her colleagues and the children she supports. Thanjima truly embodies the spirit of teamwork. Nominated by Janet.

ACHIEVEMENTS THIS TERM

	Maths Champion	Most improved Mathematician	Writing champion	Handwriting Champion	Most Improved bandwiter	Most Improved Writer
N/R	Leian	Ighoot	Wahib.	Anisa	Noa Mazouz	Manha
1R	Noah	Rizwana	Elsie	Abrar	Izyan	Kiyan.
2/3	Eesa	<u>Laxvib</u>	<u>Iawhidah</u>	Jannatun	Tiana	Mariyah
3/4	Umayı	Asia	Rayan	Nusrat	Yusuf	Tamim K
4/5	llyas	Asixah	Saima	Sara	Maxman	<u>Lairi</u>
6R	Adel	Iayba	Salman	Mihran	Jordan	Yedidyah

	Super scientist award	Spanish Award	Magnificent musician
N/R	Khadija	N/A	Anabia
1R	Shazia.	N/A	Abra.
2/3	Felix	Imran	Tiana
3/4	Joshuah	Saheim	Waqif
4/5	Jamilah.	Sixana	Ashfaq
6R	Leo H	Dash	Leo B

VALUES WINNERS

Al-Amin Y3/4 - Integrity
Jameela Y2/3 - Excellence
Jannatun Y2/3 - Integrity
Joseph Y6 - Community
Kiyan - Y1 - Community
Maddison Y3/4 - Integrity
Mohammed Q Y4/5- Community
Nazma Begum - Community
Talhaa Y4/5 - Community
Xavier YR - Community
Yuri Y1 - Integrity



<u>Last day of term:</u> Friday 4th April <u>Easter Break:</u> Monday 7th April – Tuesday 22nd April

Staff Inset Day (school closed to all

pupils): Tuesday 22nd April

Pupils return to school:

Wednesday 23rd April



STAR PUPILS - w/c 24th MARCH 2025

Nursery/Reception

Oakley - For always eager to learn Maths and demonstrating what a pattern sequence is to her class.

Xavier - For trying really hard with his reading and being engaged in Read Write lessons and for developing his writing.

<u> 1 Red</u>

Yeamin - For trying really hard to answer in full sentences. Keep it up! **Yuri** - For writing a fantastic piece on the Great Fire of London for his homework. Well done!

2/3 Red

Eesa - Well done to Eesa for working extremely hard during assessment week! All of his hard work and practice have really paid off. He tackled every question with confidence and did a fantastic job. Keep up the great work—you're a maths superstar!

Lily - Welcome back Lily! You have settled back into school so well, and we are so proud of you. Your big smile, hard work, and kindness have made the classroom even brighter.

3/4 **Red**

Asia - For Excellence, she's been working really hard on pace and has been successful in showing off how hard she can work.

Saadiq - For Excellence in PE, he's always putting in a 100% effort.

4/5 Red

Sarah & Jamilah have been incredibly helpful around the class. Their kindness, responsibility, and willingness to help others make them stand out as role models. Well done Sarah and Jamilah!

6 Red

Tayba - Tayba has been really helpful around the class, she is eager to help and improves class morale. Well done Tayba!

Salman - Salman is always able to think of clever new ways to solve tricky problems and always eager to share his method with the class. well done Salman!



WEEK 1 MENU

WEEKS: 21/04, 12/05, 09/06. 30/06, 21/07, 01,09, 22/09, 13/10



MAIN MEAL Margherita wholemeal pizza served with baked potato wedges, peas & sweetcorn

MONDAY

Chicken curry served with turmeric rice, naan bread finger & mixed vegetables

TUESDAY

Roast chicken served with roast potatoes, carrots, cabbage and gravy

WEDNESDAY

Quorn lasagne served with wholemeal garlic & herb bread, mixed vegetables or salad

THURSDAY

Fillet of fish served with chips, garden peas or baked beans & ketchup

FRIDAY

MEAT FREE Roasted vegetable quiche served with potato wedges, peas and sweetcorn Lentil dahl served with turmeric rice, naan bread finger & mixed vegetables Creamy diced quorn Wellington served with roast potatoes, carrots, cabbage and gravy Vegetable lasagne served with wholemeal garlic & herb bread, mixed vegetables or salad Vegan sausage roll served with chips, garden peas or baked beans & ketchup

Pasta and jackets

Jacket potato with choice of toppings served with fresh salad Pasta twists with homemade tomato and vegetable sauce served with fresh salad Jacket potato with choice of toppings served with fresh salad Pasta twists with cheddar cheese Sauc served with fresh salad Jacket potato with choice of toppings served with

DESSERTS

Ice cream Mondays Or Fresh fruit pot Natural yogurt with healthy toppings Or Fresh fruit pot

Fruit jelly Or Fresh fruit pot Natural yogurt with healthy toppings Or Cheese and crackers Treat of the week cake Or Fresh fruit pot

Making lunchtime the highlight of your day

LUNCHTIME CO

WEEK 2 MENU

WEEKS: 28/04, 19/05, 16/06, 07/07, 08/09, 29/09, 20/10





MAIN ME AL Spanish-style vegetable pasta bake served with wholemeal garlic & herb bread, seasonal vegetables

MONDAY

Chicken nuggets served with homemade wedges and mixed vegetables

TUESDAY

Chicken sausages served with roast potatoes, carrots, broccoli and gravy

WEDNESDAY

Chicken pasta served with broccoli and peas

THURSDAY

Fillet of fish served with chips, garden peas or baked beans & ketchup

FRIDAY

MEAT FREE Traditional macaroni cheese served with wholemeal garlic & herb bread, seasonal vegetables Vegetarian nuggets served with homemade wedges and mixed vegetables Vegan sausage roll served with roast potatoes, carrots, broccoli and gravy Vegan meatballs served with pasta and vegetables Vegetable nuggets served with chips, garden peas or baked beans & ketchup

PASTA 8
JACKETS

Jacket potato with choice of toppings served with fresh salad

Pasta twists with nomemade tomato and vegetable sauce served with fresh salad Jacket potato with choice of toppings served with fresh salad Pasta twists with cheddar cheese Sauce served with fresh salad Jacket potato with choice of toppings served with

DESSERTS

Ice cream Mondays Or Fresh fruit pot Natural yogurt with healthy toppings Or Fresh fruit pot Fruit jelly Or Fresh fruit pot

Natural yogurt with healthy toppings Or

Treat of the week cake Or Fresh fruit pot

Making lunchtime the highlight of your day



WEEK 3 MENU



Cheese pizza served with potato wedges and mixed vegetables

MONDAY

Jerk chicken thigh served with rice & beans, seasonal vegetable

TUESDAY

Chicken drumsticks served with potatoes, yorkshire pudding, carrots, broccoli & gravy

WEDNESDAY

Beef bolognese pasta served with garlic & herb bread, mixed vegetables

THURSDAY

Fillet of fish served with chips, garden peas or baked beans & ketchup

FRIDAY

Vegetable Lentil, chickpea &
wholemeal pizza vegetable stew
served with baked potato served with rice & beans,
wedges, peas & seasonal vegetable
sweetcorn

Cheese and onion quiche served with served with spaghetti, garlic & herb bread, seasonal vegetables

served with chips, garden peas or baked beans & ketchup

Pasta twists with served with fresh salad

Jacket potato with

Pasta twists with cheddar cheese Sauce

DESSERTS

Natural yogurt with healthy toppings Or Fresh fruit pot

Natural yogurt with healthy toppings Or Cheese and crackers

Making lunchtime the highlight of your day



IS THIS COACHING PROGRAMME FOR

This course is appropriate for any child in school years 3 to 6.

Children will experience cricket in a fun, safe and progressive environment, building on their development at an appropriate rate.

Both beginners and children who have experienced cricket before are welcome.

DETAILS

- COST: These courses are Free of Charge
- PLACES: Allocated to the first 30 respondents on a first come-first serve basis
- AGES: 7-11 Years Old
- LUNCHES & REFRESHMENT: Unfortunately
 Tower Hamlets Council have declined to
 support this initiative so parents/carers
 should supply children with adequate drinks
 and a packed lunch each day
- CLOTHING & EQUIPMENT: Regular sports kit & trainers (non-marking soles); Personal protective equipment preferred, although we can supply if a child does not have their own

THE COACHES

LEAD: JAHID AHMED



Jahid Ahmed is a former Essex seam bowler who has worked extensively in youth cricket. He is one of an exclusive group of Level 3 coaches, he has led the development of junior cricket in East London and he is a fast bowling and high performance coach with Kent CCC.

OTHER COACHES INCLUDE:

Matt Golding (current Minor County Cricketer; Level 2 Coach), Jonathan Rodda (Club Youth Lead; Level 2 Coach), Matt Stiddard (London Schools U14 Lead; Level 2 Coach), Nikhil Nomula (Middlesex Youth; Level 3 Coach).

TO BOOK YOUR PLACE OR TO DISCUSS ANY ASPECT OF THE COURSE PLEASE CONTACT:

JAHID AHMED

MOB: 07872 947 882

EMAIL: jahid.ahmed@thysf.org





Term Dates 2024/2025

Term	Start	End	Half - term holidays	Start	End	Dates for term holiday
Autumn 2024	Monday 2 nd September 2024 (Staff only, on Monday 2 nd – Wednesday 4 th - see INSET days below. Pupils return on Thursday 5 th September 2024)	Friday 25 th October 2024	Monday 28 rd October – Friday 1 st November 2024	Monday 4 th November 2024	Friday 20 th December 2024	Monday 23 rd December 2024 – Friday 3 rd January 2025
Spring 2025	Monday 6 th January 2025 (Staff only, on Monday 6 th January 2025 - see INSET days below. Pupils return on Tuesday 7 th January 2025)	Friday 14 th February 2025	Monday 17 th February – Friday 21 st February 2025	Monday 24 th February 2025	Friday 4 th April 2025	Monday 7 th April 2025 – Tuesday 22 nd April 2025
Summer 2025	Wednesday 23 rd April 2025	Friday 23 rd May 2025	Tuesday 27 th May – Friday 30 th May 2025	Monday 2 nd June 2025	Thursday 24 th July 2025	Friday 25 th July – Friday 29 th August 2025

INSET Days

INSET 1: Monday 2nd September 2024 INSET 2: Tuesday 3rd September 2024 INSET 3: Wednesday 4th September 2024

INSET 4: Monday 6th January 2025

INSET 5: Tuesday 22nd April

EID

Eid UI-Fitr: Monday 31st March 2025

Eid Ul-Adha: Friday 6th June 2025 provisional date

Bank Holidays – 2024/25

Christmas Day: Wednesday 25th December 2024 Boxing Day: Thursday 26th December 2024 New Year's Day: Wednesday 1st January 2025

Good Friday: Friday 18th April 2025 Easter Monday: Monday 21st April 2025 May Bank Holiday: Monday 5th May 2025 Spring Bank Holiday: Monday 26th May 2025 Summer Bank Holiday: Monday 25th August 2025